

5.5 Inch

Drug Facts

Active ingredients (in each dose, 5 mL)

Purposes

Brompheniramine Maleate 4 mg.....Antihistamine

Dextromethorphan HBr 10 mg.....Cough suppressant

Uses

- temporarily relieves runny nose, sneezing, itching of the nose or throat, and itchy watery eyes due to hay fever or other upper respiratory allergies
- temporarily relieves cough from the common cold.

Warnings

Do not exceed recommended dosage.

Do not use

- if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.

Ask a doctor before use if you have

- heart disease
- glaucoma
- high blood pressure
- thyroid disease
- diabetes
- difficulty in urination due to enlargement of the prostate gland
- a persistent or chronic cough such as occurs with smoking, asthma or emphysema
- a cough that is accompanied by excessive phlegm (mucus)
- a breathing problem such as emphysema or chronic bronchitis.

Stop use and ask a doctor if

- symptoms do not improve within 7 days, cough tends to recur, or symptoms are accompanied by a fever, rash or persistent headache. A persistent cough may be sign of a serious condition
- nervousness, dizziness, or sleeplessness occur.

Ask a doctor or pharmacist before use if you are

- taking tranquilizers or sedatives

When using this product

- may cause marked drowsiness
- avoid alcoholic drinks
- alcohol, sedatives, and tranquilizers may increase drowsiness effect
- use caution when driving a motor vehicle or operating machinery
- excitability may occur, especially in children

Lot #:

Exp. Date:



EFFICIENT®

Rompe Pecho®

CF

Cold & Flu

- Antihistamine
- Cough Suppressant

Brompheniramine Maleate & Dextromethorphan HBr

ADVANCED FORMULA

ALCOHOL FREE

Adults & Children 12 years & over

Contents: 6 FL Oz (178 mL)

Drug Facts (continued)

If pregnant or breast-feeding, ask a health professional before use. Keep out of reach of children. In case of an overdose, get medical help or contact a Poison Control Center right away.

Directions

- do not exceed more than 6 doses in any 24-hour period
- shake well before use
- measure only with dosing cup provided
- keep dosing cup with product
- mL = milliliter
- TSP = teaspoonful
- this adult product is not intended for use in children under 12 years of age

Age	Dose
adults and children 12 years of age and over	5 mL (1 teaspoonful) every 4 hours
children under 12 years of age	do not use

Other information

- store between 15°-30° C (59°-86° F). Do not refrigerate.

TAMPER-EVIDENT FEATURE: Do not use this product if printed safety seal is torn, broken, or missing.

Inactive ingredients

blue cohosh root extract, echinacea root extract, eucalyptus oil, ginkgo biloba leaf extract, glycerin, goldenseal root extract, honey, horehound (flower, leaf, stem) extract, licorice root extract, menthol, methylparaben, mullein leaf extract, myrrh gum extract, potassium sorbate, propylene glycol, propylparaben, slippery elm bark extract, sodium chloride, sucralose, water, wild cherry bark extract and zinc sulfate.

Questions or comments? 305-805-3456

Monday - Friday (9 AM - 5 PM EST) or [www.efficientlabs.com](http://www.efficientlabs.com)

Other cold formulas: Rompe Pecho® DM, Rompe Pecho® SF, Rompe Pecho® Ex, Rompe Pecho® FLU, Rompe Pecho® NT, Rompe Pecho® MAX, Rompe Pecho® Cough Out®, Mielin y Más®,

Keep the box for complete instructions in Spanish.

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Rev. 1

Distributed by:  
Efficient Laboratories, Inc.®  
Miami, FL 33166, Made in U.S.A.

3 Inch